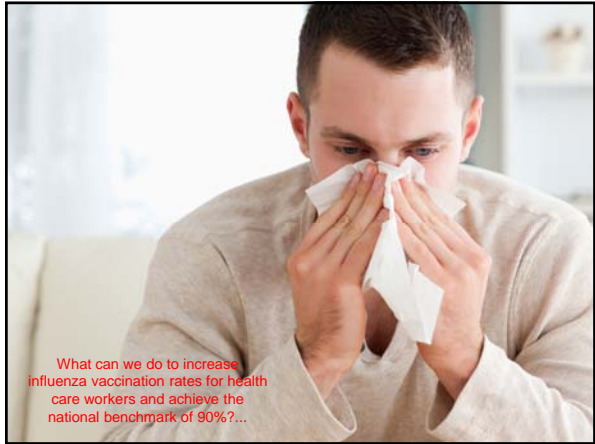




**Why We – Health Care Workers –
Need A Flu Shot !**


Pam Paparone, DNP, APN



What can we do to increase influenza vaccination rates for health care workers and achieve the national benchmark of 90%?...


Influenza Symptoms

- Fever
- Cough
- Runny or Stuffy Nose
- Muscle or Body Aches
- Headache
- Fatigue




3

**HCW and Patient Safety
for Heart and Lung Disease**




4

HCW and Patient Safety



5

**Patient Safety
Hospital Acquired Infection**




6

Influenza Vaccination

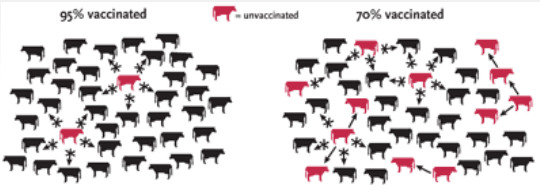
Influenza vaccination prevents the illness in three ways:

HCP gains individual protection from the influenza virus when vaccinated – we protect ourselves and our families and....



7

Herd Immunity



When 90% of HCW receive influenza vaccination, herd immunity is achieved, and the threat of influenza is significantly reduced

8

Who is Considered a Health Care worker...

Patient care professionals

Non clinical staff




9

The Evidence on Influenza Vaccination

"I got the flu from the flu vaccine"

"I'm very healthy, I don't need the flu vaccine"

"I can't afford any down time, I don't take the flu vaccine"




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The Evidence on Influenza Vaccination

"I hate needles"

"Oh well, it's too late in the year for me to take the flu vaccine"

"The flu vaccine isn't safe – who knows what they put in it"




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The Evidence on Influenza Vaccination

"I took the flu vaccine last year and I don't need one this year"

"I don't take the flu vaccine unless there is an outbreak in my area"

"I'm anti vaccination"




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The Evidence on Influenza Vaccination

"Although I'm a nurse, I work in information technology, not a high risk area, and I don't take the vaccine. All I have to do is sign the declination form. No big deal"

"I'm afraid of getting that disease that paralyzes you if I get a flu shot"

"I believe in hand washing and other preventative measures to remain influenza free"




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The Evidence on Influenza Vaccination

"Influenza vaccine is not effective and not guaranteed to protect you"

"Negative media attention on the vaccine and conspirator theories"

"It is a violation of freedom of expression"




14

The Evidence on Influenza Vaccination

"The influenza vaccine is not made in the United States"

"Influenza vaccination is not 100% effective and vaccinations lead to virus mutation"

"I'm pregnant"



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Ethical Practice



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Strategies for Increasing Influenza Vaccination Rates

Excellent strategies from Kessler quality improvement are in place

- Leadership
- Strategic Plan
- Balanced Scorecard
- Keep Staff Informed
- Get a Flu Shot and make it Visible




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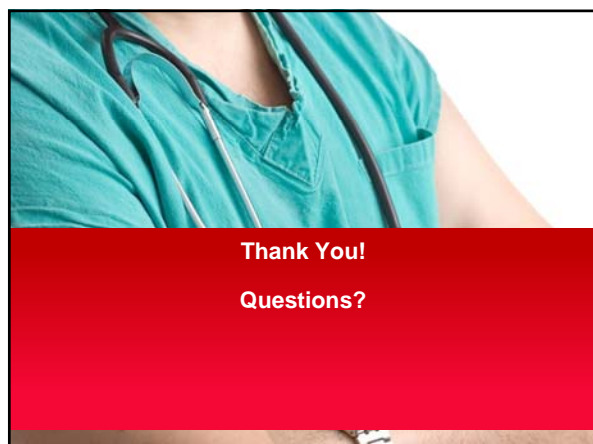
Kessler Institute for Rehabilitation

Achieve the National Benchmark of 90% Influenza Vaccination Rates

- Influenza costs over \$10 billion dollars annually
- Influenza vaccination improves patient safety by preventing the influenza illness
- You cannot get the flu from the vaccine
- We put our patients first
- We need an increase of influenza vaccination rates of 14% to achieve the benchmark



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Web Resources

<http://www.cdc.gov/flu/>

<http://www.cdc.gov/flu/professionals/index.htm>

<http://www.cdc.gov/flu/professionals/acip/clinical.htm>

<http://shotbyshot.org/story-gallery/#Influenza>

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